

SUMMARY

Graduate qualification work on the topic:

«Family conflicts as the reason of adolescents Internet addiction»

Author: Sayid-Ibrakhimi S-A.S-M

Supervisor: Rumachik Irina Aleksandrovna

Client organization: «KAVKAZ-SERVICE Ltd.»

P. 75, appendixes 3, references 177

Keywords: conflict, interpersonal conflict, family, child socialization, family conflict, consequences of the conflict, Internet, Internet addiction, causes of Internet addiction, the effects of Internet addiction, family conflict prevention measures.

Relevance of the research topic. According to the National Security Strategy of the Russian Federation until 2020, one of the main directions of the state policy in the sphere of state and public security in the long term is to strengthen the state role as a security guarantor for a person, especially for children and adolescents.

According to the project “Concept of the State Family Policy in the Russian Federation until 2025”, the main successful country development priorities are: the strengthening of family as the state basis; creation of conditions under which family will have a sense of confidence and self-protection from risks associated with a child or several children’s birth in the future.

Family conflict, being the most common type of conflict in the modern world, leads to serious negative consequences for the child, who lives in a constant conflict atmosphere.

Currently, there are many reasons that lead to conflicts’ increase in a family, stress resistance decrease, negative emotions accumulation that often lead to the aggression. Relationships in the family are the leading factor of the civilized society development and existence.

Family conflicts are widespread and they reflect disharmony in family relations, strain in the physical, spiritual, moral and emotional elaboration of children.

Today, the problem of identifying the essence, causes and forms of the conflict is particularly relevant for science, because increased rate adverse consequences, especially for children. In this regard, one of the socially important objectives of the graduate qualification work is the search for effective methods of family conflicts resolving and the family relationships improvement.

Thus, the **purpose** of our graduate qualification work is the analysis of family conflicts as determinants of adolescent Internet addiction, and the development of a program to prevent family conflicts.

Realization of this purpose requires the formulation and solution of the following **tasks**:

- to examine the phenomenon of conflict in social relations;
- to take a review of family as a child socialization institution;
- to analyze family conflict as the child Internet addiction cause;
- to develop a prevention program of a family conflict «Healthy family - healthy child».

The theoretical significance of the study is caused by a comprehensive and systemic study of the nature of family conflicts, clarification and development of the author's definition «Internet addiction». Theoretical significance is marked in the possibility of using the study

results for development of Russian science. The findings of this study will be used to further research base for training special courses addressed to students of «Conflict management». **The practical significance** of the study is the possibility of using the developed program to enhance parenting skills and increase their competence in child rearing matters.

The result of our study is the creation of the program «Healthy family - healthy child». It includes: preliminary talk of conflict management and psychology experts with parents, conducting survey on the climate characteristics in the family (from the perspective of parents), the definition of conflict-factors in family relationships between parents and children (from the point of view of parents) conducting survey on the climate characteristics in the family (in terms of child). Moreover, the course of the program assumes: video lessons, introductory lectures with multimedia support, training, surveys and polls, reminders for both sides with the recommendations of behavior in conflict situations, as well as professional advice conflictologist and psychologist.

General **recommendations** for family conflicts' prevention are:

1. Correct perception of the «conflict» phenomenon by parents and their children.
2. Acquiring the practical behavior skills in the family conflict situation by parents and their children.
3. Making of attitude «positive hearing» in a conflict situation.
4. Creation of a healthy psychological climate in the family.