

## Summary

**The topic of the research:** Socio-psychological adaptation as a condition for the professional development of the personality of students.

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**The information of the institute-orderer:** the psychological service of the FSBUU in the "PGU".

**The topicality of the research** is determined by the data on the role of social and psychological adaptation in the internal consistency of the personality in the process of its professional development. To date, we can state the inadequacy of the achieved level of knowledge on the problem of socio-psychological adaptation in the process of professional development of the personality of students. Ambiguity and uncertainty of the relationship between the process of professional development of the student's personality and the students' socio-psychological adaptation to the conditions of the university requires careful theoretical and empirical study.

**The aim of work** is to study the features of the socio-psychological adaptation of students in the process of professional formation of the personality.

**The goals of the research:**

1. To carry out a theoretical analysis of the character of the socio-psychological adaptation of university students;
2. At the theoretical level, to identify the peculiarities of the professional development of the personality of students;
3. Determine the content of structural components of socio-psychological adaptation in the process of professional development of the personality of students;
4. To study the features of the socio-psychological adaptation of students

with the help of a number of specially selected methods of psychological diagnosis;

5. To develop and implement a program of psychological co-development of the professional development of the personality of students at the stage of their social and psychological adaptation to the educational environment of the university, to prove its effectiveness.

**Theoretical and practical validity of the research** is that:

- psychological features of socio-psychological adaptation are generalized;
- determined the specificity of the psychological service of the university in carrying out the program of adaptive psychological training;
- the main directions of psychological support in the process of student adaptation are grounded;
- the program of adaptive psychological training has been developed and introduced into practice.

**Results of the study.** It was proved that socio-psychological adaptation acts as a leading factor in the professional development of the personality of students in the transitional stage of education. During this period, the educational process of the university must activate personal adaptation resources. For this purpose, a special training program was proposed. Passage by students of the proposed adaptation psychological training significantly increased the level of development in them of all the components of socio-psychological adaptation in terms of the following indicators: awareness of the goals, subject and means of professional activity, the richness of self-description, the correlation of images with the image of self-professional, activity and attitude towards the solution of professionally oriented tasks.

**Recommendations.** The empirical results of the study and the developed program of adaptive psychological training for students can be used when working with students by the staff of the psychological service of the university. Research materials can be included in the content of the curriculum of the disciplines "Pedagogical Psychology", "Developmental Psychology", "Organization of the

Psychological Service".