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SUMMARY

Final qualifying work on the theme:

«The settlement of family disputes
between spouses by conflictological counseling

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81 pages, 98 bibliographical name, 5 appendixes

Keywords: conflict, family, family relationships, analysis of family problems, conflicts between spouses, the settlement of conflicts in the family, kinship, marriage bonds, evasion, concession, compromise, competition, cooperation, the psychological atmosphere.

Relevance of the research topic. The family is the primary small group, in which a person holds, as a rule, most of his time. Currently, the family institution is undergoing significant changes related to the revision and redistribution of the traditional separation of spouses of roles in the family, the active inclusion of women in the manufacturing sector, which has given her economic independence, the influence of Western trends as the independence of the spouses, open relationship, refusal to have children, propaganda of homosexuality, feminist movement, providing complete freedom not only spouses, but also to children. All this leads to conflicts not only within the family but also the spouses with their families in the first place, with their parents, which also negatively affects the psychological atmosphere in the family and can cause its disintegration.

The relevance of the chosen theme is explained by the fact that from a legal point of view can't be settled by the law every kind of family dispute and litigation often lead only to an escalation of the conflict. Conflict resolution, on the one hand, does not cause so much concern from customers, as a psychologist, on the other - it is in fact combines several roles: psychologist, mediator, consultant and lawyer, which will allow the couple to resolve the conflict with the maximum benefit for both, as well as in the event of divorce, to establish cooperation between the spouses regarding the education of children.

Is therefore **the goal** of our study is to analyze the process of resolving family conflicts through conflictological advise and make recommendations for the prevention and resolution of family conflicts.

To achieve the goal of this study requires the following **tasks**:

- define the concept of "family conflicts" and lead their classification;
- to identify the causes of family conflicts;
- to analyze the conflictological counseling in family conflicts;
- to make recommendations for the prevention and resolution of family conflicts.

Theoretical and practical significance of the study lies in the fact that the results obtained may be used for further study of family problems and conflicts between spouses, as well as analysis of the relationship between the family and build constructive interaction within the family. The practical significance of the study lies in the fact that the data of the thesis and developed recommendations can be put into practice in the areas of conflict resolution in the family, and psychological consultations conflictological spouses, various trainings, legal organizations dealing with conflict resolution in the family.

In the course of our research we have developed the following **recommendations**:

- in the provision of counseling conflictological need to use a variety of psychological and sociological tests to detect the presence and depth of various problems;
 - it is obligatory to help the subjects of the conflict in the process of realizing the real problems of forecasting the development of the situation, determine the price of the conflict, the choice of the best strategy of behavior;
 - customer training skills constructive behavior, self-awareness training, anger management, reduction and overcoming negative emotions and aggression;
- important for spouses is not only the ability to constructively solve disagreements and right to negotiate, but also to carry out actions for prevention, early warning and prevention of conflicts in the family.